



Recipe for: Easy Salad Dressing

From the kitchen of: Jesse Walters, former trustee,
Idaho Historical Society

Ingredients

½ cup extra-virgin olive oil
½ cup balsamic vinegar
2 cloves fresh garlic, minced
1 tbsp Dijon mustard
1 tbsp honey
1 tsp dried oregano or Italian seasoning
salt and pepper, to taste

Directions

Add all ingredients in a jar with tight-fitting lid (like a Mason jar). Secure the lid and shake to combine. Dressing will keep in the fridge for 4-5 days. The olive oil may separate and solidify in the fridge, so you should allow it to come to room temperature 10-15 minutes before you're ready to eat. Shake before using.

Story

Here is an easy salad dressing that you can make at home if you have all the ingredients and can't get out to the store for prepared dressings. Most store-bought dressings are filled with sugar, sodium, and preservatives. Try making your own simple dressing with just a few ingredients you can find in your cupboard.