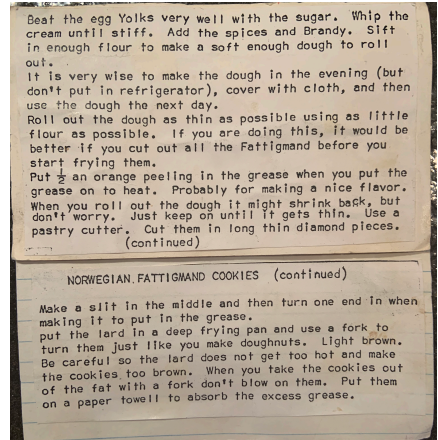




Recipe for: Fattigman, or "Poor Man's Cookie"

From the kitchen of: Shelley McEuen-Howard





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Story

Fattigman, or "poor man's cookie" has a long history in Norway, where my grandfather was born. There are iterations of this cookie from Italy, France, and Sweden, all involving fried dough of some kind.

The name "poor man's cookie" is misleading, as the ingredients were considered quite expensive and special. The actual cookie is quite delicate.

Our Fattigman recipe calls for cardamum, and my grandmother always used a bit of cognac. I can remember heading to Grandma Ellen and Grandpa Ben's home in Walla Walla, Washington, for Christmas dinner and looking on top of the refrigerator for the Fattigman made the week before. They were a family favorite, sprinkled with powdered sugar. I've made Fattigman with family and friends since 2006.